



KENT RIDGE SECONDARY SCHOOL

FamilyMatters@School Parenting Talk



FAMILY matters!

21 May 2019

Dear Parents/ Guardians,

As part of our continual effort to provide a holistic education for our students, the school through FamilyMatters@School, an initiative by the Ministry of Social and Family Development (MSF), will be conducting the Triple P Parenting seminar, which aim to equip parents with effective parenting skills to enhance their family life. The parent-child relationship affects the child's academic achievements and their development. As part of the school's outreach efforts to parents, we will also be conducting 'Breakfast with Principal' sessions, which provide platforms for the school to engage parents in the education of their child. Given below are details of the parenting talks conducted in Semester 2:

Date	Title of Talks	Speaker	Time/ Venue
12 July 2019 (Friday)	Breakfast with Principal (Sec 1 Parents)	SL, HOD, ECG Counsellor	8-9am Library
	Parenting Seminar 1: Raising Responsible Teenager How to get your child to: <ul style="list-style-type: none"> • take part in family decision making • be respectful and considerate • be involved in family activities and develop a healthy lifestyle • be reliable and assertive 	Mr Michael Chua	9-11am Library
19 July 2019 (Friday)	Breakfast with Principal (Sec 2 Parents)	SL, HOD, ECG Counsellor	8-9am Library
	Parenting Seminar 2: Raising Competent Teenagers How to get your child to: <ul style="list-style-type: none"> • develop self-discipline • be a good problem solver and establish routines • get involved in school activities and follow school rules • have supportive friends 	Mr Michael Chua	9-11am Library
26 July 2019 (Friday)	Breakfast with Principal (Sec 3 Parents)	SL, HOD, ECG Counsellor	8-9am Library
	Parenting Seminar 3: Getting Teenagers Connected How to get your child to: <ul style="list-style-type: none"> • be confident and socially skilled • planning ahead and meeting commitments • keeping in touch and taking care of others 	Mr Michael Chua	9-11am Library

For more details about any of the talks, feel free to enquire with our Family Matters coordinator (Ms Jackie Kok) at sfe.krss@gmail.com or **6773 1127 ext. 127**. We look forward to your continued support towards our school programmes.